



Eden Boys

23rd October 2019 – 24th Safar 1441

RE: Eden Rabi al-Awal Faith Character Program

Dear Parents/Guardians,

As-salaamu Alaikum / Peace be Upon You

As part of our schools Rabi al-Awal faith character programme, we are pleased to inform you of the following activities taking place during the month of Rabi al-Awal / November:

Winter fast program every Monday & Thursday

During the winter months between November and February we encourage our boys and staff to consider fasting on Mondays and Thursday as was the Sunnah of the Prophet (peace and blessings be upon him). This not only helps us reflect upon the sunnah lifestyle of the Prophet but also helps to build lifelong skills such as self-discipline, healthy eating habits and feeling what others not so blessed as us may go through at times of hunger. Fasting has also scientifically been proven to encourage body cleansing and healing when the body is given a break from food. Students are only encouraged to fast as long as it doesn't impact their learning and daily activities.

Winter Gift Program

Every year we encourage our students to raise funds and donate items towards our winter gift program. This includes the purchasing and donating of duvets, bedding, and pillows than can be donated to the homeless or those being rehoused after being homeless. Last year we supported St Basils in Birmingham which is a charity that works to eradicate homelessness in youth between 16--25 years of age.

Non Uniform Day in support of our Winter Gifts Program

On Monday 11th November our school will be holding a non-uniform day themed around Sunnah clothing. Every student will be encouraged to wear at least one item of clothing that the Prophet (peace and blessings be upon him) wore. Parents will be requested to make a £2 donation for their son to take part in the non-uniform day. Students who wish to wear normal school uniform on that day are also free to do so.

Eden Sirah Seminar & School Iftar - Thursday 7th November 2019

Fasting every Monday is a Sunnah. As such on Thursday 7th November 2019 we hope to hold an iftar and student led Sirah Seminar. On this day we will encourage students and parents to fast and be our guests by opening their fast with us at our Sirah Seminar. The program will begin at 3.15pm straight after school and end with at 5.30pm. The program will end with Maghrib prayer and then a short Iftar meal provided free by the school.

Please find an outline of the programme below:

3.00pm Arrival

3:15pm Programme consisting of speeches, nasheeds and Qur'an recital

4:.20pm Iftar (fast opening) and Maghrib Salah

4:40pm Main Meal

5:30pm Close

As you can appreciate we have limited space at our current site. We are happy to inform you that one parent or guardian will be allowed to accompany their son on the day. **Places will be allocated to students on a first come first served basis.** However you can return the completed slip to the school reception desk up to Tuesday 5th November 2019

May the Almighty bestow us with the true love of his al-Habib and allow us to live in his footsteps. Ameen

Yours sincerely,
Wasalaam Alaikum



(Moulana) Nasir Zameer Akhtar
Faith and Character Education Lead

Eden Sirah Seminar & School Iftar - Thursday 7th Nov 2019, 3.15pm – 5.30pm

I would like my son _____ from form _____ to attend
the Eden Sirah Seminar & School Iftar event on Thursday 7th November from 3.15pm to 5.30pm

➤ Please also reserve one additional space for **mother / father / guardian** to attend (**please circle**)

I understand that my son must be collected from school at 5.30pm.

Signed _____ Parent/Guardian Date _____