

# CATCH IT

Germs spread easily. Always carry tissues and use them to catch your cough or sneeze.



# BIN IT

Germs can live for several hours on tissues. Dispose of your tissue as soon as possible.



# KILL IT

FREE HAND SANITIZER FOR THOSE UNDER 18 ONLY  
(PACKAGING COST OF £1 STILL APPLIES)

£2 PER BOTTLE FOR THOSE 18 OR OVER

MAXIMUM OF 3 PER PERSON

ORDER BY CALLING [0845 852 111 7](tel:0845 852 111 7)

ISSUED AT COST PRICE, SUBSIDISED AND  
APPROVED BY PUBLIC HEALTH ENGLAND



**NHS**